

REFERRAL SERVICES

**PROVIDED BY
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SHE/HER/HERS**

DREXEL UNIVERSITY
COUNSELING CENTER

FOR MORE INFORMATION
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THERAPY

Individual

Couple

Family

Group

MEDICATION

Psychiatrist

MEDICAL DOCTOR OR DOCTOR OF
OSTEOPATHIC MEDICINE

CPNP

CERTIFIED PSYCHIATRIC
NURSE PRACTITIONER

PA

PHYSICIAN ASSISTANT

Primary Care Doctor

MEDICAL DOCTOR OR DOCTOR OF
OSTEOPATHIC MEDICINE

SPECIALTY TREATMENT

Substance Use & Addictions

Eating Disorders

Veterans

Faith Based

Coaching

Grief & Loss

LGBTQIA+

Racial Identity

Trauma Informed

Sex Positive & Kink Aware

Art/Yoga/Music Therapy

Autism Spectrum Services

Dialectical Behavioral Therapy

Animal Assisted Treatment

Neuropsychological Assessment

ADHD Testing

Anger Management

Sexual Abuse/Assault

Dual Diagnosis

FINANCIALS

Health Insurance

TYPE OF INSURANCE COVERAGE
THAT PAYS PART OR ALL OF MEDICAL
COSTS INCURRED WHEN SEEING AN
IN-NETWORK PROVIDER.

Out-of-Network

PROVIDERS WHO DO NOT HAVE A
WRITTEN AGREEMENT WITH YOUR
INSURANCE CARRIER. YOU ARE STILL ABLE
TO SEE THESE PROVIDERS, BUT YOU WILL
BEAR A LARGER PORTION OF COST.

Sliding Scale

A FEE STRUCTURE WHERE THE
THERAPIST OR AGENCY PROVIDES
SERVICES AT VARYING RATES
DEPENDING ON THE PERSON'S
FINANCIAL SITUATION.

**SEE UNDERSTANDING
INSURANCE FOR MORE
INFORMATION**

LEVELS OF TREATMENT

Inpatient Hospitalization

PROVIDES MENTAL AND PHYSICAL
STABILIZATION IN EMERGENCY SITUATIONS
AVERAGE LENGTH-3-7 DAYS
DEPENDING ON SEVERITY

Partial Hospitalization

TYPICALLY 5 DAYS/WEEK
6 HOURS/DAY
COMBINES DIFFERENT TREATMENTS
(GROUP/INDIVIDUAL/FAMILY/
PSYCHIATRY/YOGA/ART)

Intensive Outpatient

TYPICALLY 15 HOURS/WEEK
(SPLIT BETWEEN 3-5 DAYS)
COMBINES THERAPY AND PSYCHIATRY
OFTEN INCLUDES GROUPWORK

Outpatient

ON AVERAGE, PEOPLE ATTEND 1-4
SESSIONS PER MONTH DEPENDING
ON INDIVIDUAL NEEDS
LENGTH DEPENDS ON GOALS